



## Texas Community Health Worker Training and Certification Program

### Approved Shareable CHW and Instructor Curriculum

Updated – July 5, 2017

**To view the list of Texas CHW certified training programs including their contact information and location, click here:**

<http://www.dshs.texas.gov/mch/chw/chw-Instructor-Training-Sites.aspx>

### **CHW CEUs**

#### **1) Maternal and child health**

<b><u>Curriculum title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Family Planning Basics	2	Cardea Services
Safe Kids Curriculum for Community Health Workers	7	Children's Medical Center
Childhood Obesity	1	Lubbock Community Health Center
Developing an Effective Outreach Program - Teen Peer to Peer Education	1.25	Lubbock Community Health Center
Pregnancy and Loss: Helping Women Cope	1	Gateway to Care
Developmental Milestones and Immunizations	4	Gateway to Care
Child Maltreatment Awareness Lesson Plan	4	Gateway to Care
Communicating About Sexual and Reproductive Health Issues	3	Gateway to Care
Reproductive and Sexual Health Issues for CHW	3	Gateway to Care
Teen Dating Violence		Gateway to Care
Well-Woman Health	1.5	Harris Health System
Perinatal Mood and Anxiety Disorders	1.5	Harris Health System
Prenatal care	5	Gateway Community Health Center
Cervical Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	TX A&M Ctr for Community Health Development
Breast Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	TX A&M Ctr for Community Health Development
CHWs Embracing a new Approach to LGBTQ Youth	1	TX A&M Ctr for Community Health Development
Connecting Children & Adolescents to Mental Health Care	1	TX A&M Ctr for Community Health Development
HPV Cancer Prevention	1.25	Texas AHEC East - Piney Woods Region
Preconception, Pregnancy & Tobacco	2	Texas AHEC East - Northeast Reg
Women's Health Concerns	8	UT School of Public Health
Better Together: CHWs improving the lives of pregnant women	8.5	UT School of Public Health
Better Together: Birth Defects (Part 1)	1.5	UT School of Public Health

<b><u>Curriculum title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Better Together: Part 2	1.5	UT School of Public Health
Childhood Lead Poisoning Prevention	1	UT School of Public Health
The Hidden Dangers of Household Chemicals	3	UT School of Public Health
Immunizations & Checkups for Back to School (Adopted from Harris Health)	1	UT School of Public Health
Parent Involvement in Education	2	UT School of Public Health
Ask, Advise, Refer: Free Tobacco Cessation Referral Resources	2	UT School of Public Health
Safe Kids Curriculum for Community Health Workers - with initial application	7	DSHS HSR1
Safe Sleep for Babies – A Community Training	1	DSHS HSR1
“Healthy Texas Ladies: Why and How to Talk about Preconception (All the Time)”	1.25	DSHS HSR1
“Text Me Baby! Implement Text4Baby in Your Community”	1	DSHS HSR1
Making a Difference: Engaging Youth in Health Promotion for CHWs	1.5	DSHS HSR1
Somebody's Daughter Understanding Domestic Minor Sex	2	DSHS HSR1
Helping Pregnant Women Quit Smoking: Best Practice Interventions	1	DSHS HSR1
First Year of Life ~ Safety for Your Baby	2	DSHS HSR1
Tobacco and Youth	1	DSHS HSR1
Secondhand and Household Smoke	1	DSHS HSR1
Advocating for Science-based Immunization Policies	1	Dia de la Mujer Latina
Dispelling the Myths and Rumors of Immunization	1	Dia de la Mujer Latina

## 2) Chronic disease and prevention

<b><u>Curriculum title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 7 High Blood Pressure	2.5	Baylor Scott and White Health and Wellness Center
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 9 Diabetes	2.5	Baylor Scott and White Health and Wellness Center
Pain Management 101 Training for Promotores/CHWs	4	Dia de la Mujer Latina
CDC Road to Health Diabetes 2 Training for P/CHWs	5	Dia de la Mujer Latina
Physical Activity in Senior Adults & Cancer Survivors Training for P/CHWs	5	Dia de la Mujer Latina
Colorectal Cancer (updated curriculum shortened to 4 CEUs)	4	Dia de la Mujer Latina
Understanding Breast Cancer & Understanding Cervical Cancer (updated curriculum shortened to 4 CEUs)	4	Dia de la Mujer Latina
Ovarian Cancer	3	Dia de la Mujer Latina
Disipar los Mitos sobre los Beneficios de Salud Esenciales	2	Dia de la Mujer Latina
Understanding the Community Health Workers role in dealing with Chronic Disease and its Emotional Effects on the Patient.	1	Lubbock Community Health Center
Fundamentals of Chronic Disease	4	Lubbock Community Health Center
Hypertension	5	EBS Leadership Institute/El Buen Samaritano Episcopal Mission

<b><u>Curriculum title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Heart Health Day 1 and 2 - DSHS-Consultant Joan Rivers	5	EBS Leadership Institute/El Buen Samaritano Episcopal Mission
Road to Health – How to Prevent or Delay Type 2 Diabetes in your Community	8	Familias Triunfadoras
M&M Jeopardy	3	Gateway to Care
Your Health Matters: Nutritious Eating	10.5	Gateway to Care
Your Health Matters: Fitness for Life	6	Gateway to Care
Immunizations	2	Gateway to Care
Living with Chronic Disease - part of approved certification curriculum	4	Gateway to Care
Do you need an Interpreter?	3	Gateway to Care
How to talk to your doctor?	3	Gateway to Care
Men's Health [La Salud del Hombre)]	4	Gateway to Care
Mental Health & Chronic Illness: Supporting Individuals & Families - Reviewed by Mimi McKay, developed by Mental Health America	3	Gateway to Care
Communicating About Sexual and Reproductive Health Issues	3	Gateway to Care
Reproductive and Sexual Health Issues for CHW	3	Gateway to Care
Road to Health Toolkit	8.0-10	Harris Health System
Living with Chronic Disease	1.5	Harris Health System
Meal Planning and Shopping on a Budget	1.5	Harris Health System
Thyroid Disorders	1.5	Harris Health System
Eating Habits and Healthy Lifestyle	4	Gateway Community Health Center
Cancer Survivorship (from CHLT 1302 Wellness and Health Promotion curriculum)	5	Northwest Vista College
Weight Management & Behavioral Choices (from CHLT 1305 Community Nutrition curriculum)		Northwest Vista College
Colorectal Cancer Prevention/Detection, Treatment, Survivorship Options -Self Paced - Online module (previously approved as face to face trainings)	6	TX A&M Ctr for Community Health Development
Cervical Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	TX A&M Ctr for Community Health Development
Breast Cancer Prevention/Detection, Treatment, Survivorship	4 each/12 total	TX A&M Ctr for Community Health Development
Ways to Prevent Falls and Related Injuries in Older Adults-- The Role of Fall Prevention	4	TX A&M Ctr for Community Health Development
Learning Skills to Reduce Falls and Related Injuries	4	TX A&M Ctr for Community Health Development
Healthy Community Food Systems	1	TX A&M Ctr for Community Health Development
Si Yo Puedo Controlar Mi Diabetes Class Leader Training	5	TX A&M Ctr for Community Health Development
Diabetes	1	Texas AHEC East - DFW Region
Helping Clients Self-Manage Chronic Disease - belongs to Coastal	1.5	Texas AHEC East - DFW Region
Understanding HIV/AIDS for Community Health Workers (Module 1)	1	Texas AHEC East - DFW Region

<b><u>Curriculum title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
The HIV Care Continuum and the Role of Community Health Workers (Module 2)	1.5	Texas AHEC East - DFW Region
Skills and Resources to Enhance the CHW's Role in HIV Management (Module 3)	2	Texas AHEC East - DFW Region
HPV Cancer Prevention	1.25	Texas AHEC East - Piney Woods Region
Fundamentals of Chronic Disease	4	Texas AHEC East - Northeast Reg
Hypertension - The Basics	2	Texas AHEC East - Northeast Reg
Don't Flip Flop Around! Take Care of Your Feet	1	Texas AHEC East - Northeast Reg
Texas DSHS Blood Pressure Monitoring Project	1	Texas AHEC East - Northeast Reg
Your Health Matters: Nutritious Eating (University of Texas Community Outreach Program curriculum for CHW continuing education)	6	UT School of Public Health
Overview of Heart Disease & Related Factors	1.5	UT School of Public Health
Understanding Proper Blood Pressure Management	1	UT School of Public Health
Understanding Stroke	1	UT School of Public Health
Your Health Matters: Fitness for Life (Shared curriculum with GTC for CHW continuing education)	6	UT School of Public Health
Understanding cardiovascular disease and stroke	1	UT School of Public Health
Asthma	2	UT School of Public Health
Your Health Matters: Growing Active Communities	9.0-12	UT School of Public Health
Healthy Community Food Systems	1	UT School of Public Health
Palliative Care for CHWs	3	UT School of Public Health
Managing Diabetes	3	UT School of Public Health
Nutrition and Diabetes	2	UT School of Public Health
Immunizations and the Anti Immunization Movement - CHW CE only	1	UT School of Public Health
Understanding Diabetes	3	UT School of Public Health
Diabetes and Depression		UT School of Public Health
From Nutrition...to Intuition for Community Health Workers	3	DSHS HSR1
Nutrition in Preparedness...surviving or thriving for Community Health Workers	3	DSHS HSR1
Food Safety for Farmworker Families	1	DSHS HSR1
Folk Medicine & Home Remedies in Diverse Cultures	1.5	DSHS HSR1
Electronic Cigarettes: Facts & Myths	1	DSHS HSR1
Save Your Budget & Your Health!	1	DSHS HSR1

### 3) Infectious disease

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Hepatitis C	4	Gateway to Care
Immunizations	2	Gateway to Care
Tuberculosis (TB) and Pneumonia	1.5	Harris Health System

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Dengue Workshop on Disease Prevention and Identification for Promotoras and Health Professionals in South Texas	6	Texas AHEC South-South Coastal
Immunizations and the Anti Immunization Movement - CHW CE only	1	UT School of Public Health
Hepatitis C Overview	1	UT School of Public Health
Zika Awareness Prevention ZAP	3	South Texas Promotora Assoc
Dispelling the Myths and Rumors of ZIKA	3	Dia de la Mujer Latina
Zika	5	Department of State Health Services- Office of Border Services

#### **4) Mental and behavioral health**

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Advocating for Victims of Domestic Violence in the Latina Community	3	Familias Triunfadoras
Resilience and Self-Advocacy: Empowering ourselves	4	Gateway to Care
Mental Health 101	6	Gateway to Care
Mental Health & Chronic Illness: Supporting Individuals & Families	3	Gateway to Care
"Las Emociones, ¿Amigas o enemigas?"	1	Gateway to Care
Mental Health & Chronic Illness: Supporting Individuals & Families	3	Harris Health System
Managing Emotions During Holidays	2	Gateway Community Health Center
Depression, Causes, Effects, Treatment, and Prevention (from CHLT 1302 Wellness and Health Promotion curriculum)	5	Northwest Vista College
Behavioral Theories to Influence Change in Clients and Patients (from CHLT 1340, Community Health Field Methods)	5	Northwest Vista College
Connecting Children & Adolescents to Mental Health Care	1	TX A&M Ctr for Community Health Development
Introduction to Mental Health	1	TX A&M Ctr for Community Health Development
Behavioral and Mental Health for Pediatric Populations	2	Texas AHEC East - Northeast Reg
Mental Health First Aid (for CHWs and instructors)	12	UT School of Public Health
Mental Health 101	6.5	UT School of Public Health
Mental Health Crisis Management for Community Health Workers	3	UT School of Public Health
Behavioral Health Resources	1.5	UT School of Public Health
Good Medicine: Stress Prevention & Reduction for Health Workers	1	DSHS HSR1
Somebody's Daughter Understanding Domestic Minor Sex	2	DSHS HSR1

## 5) Oral health

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Oral Health	2	Gateway to Care

## 6) Other

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
Using a Trauma Informed Approach with Border Communities	1	Cardea Services
Community Preparedness: Implementing Simple Activities for Everyone	8	Dia de la Mujer Latina
Advocacy	1	Dia de la Mujer Latina
Social Determinants of Health	2	Dia de la Mujer Latina
The Art of Patient Navigation	2	Dia de la Mujer Latina
Clinical Trials 101 – English/Spanish	3	Dia de la Mujer Latina
Advocacy for Social Change - Session 1 and Session 2	6	Familias Triunfadoras
Organizing a Flying Squad	4	Gateway to Care
Press Conference	3	Gateway to Care
Local and National Networking	4	Gateway to Care
Teaching Strategies that Work	4	Gateway to Care
Resources for Refugees	2	Gateway to Care
Disability and SSI	4	Gateway to Care
Do you need an Interpreter?	3	Gateway to Care
How to talk to your doctor?	3	Gateway to Care
Managing Conflict Creatively	2	Gateway to Care
Cultural Barriers in Communication	2	Gateway to Care
King of Community Service Project	4	Gateway to Care
Working Effectively in Groups	2	Gateway to Care
Champions for Coverage - Ley de Asistencia Asequible 101	4	Gateway to Care
King of Community Service Project [Spanish]	4	Gateway to Care
Online Organizational Tools	1.5	Harris Health System
Unnatural Causes - Inequality is Making Us Sick (from CHLT 1340, Community Health Advocacy curriculum)	5	Northwest Vista College
Adult Learning Characteristics	5	Northwest Vista College
Cultural Competency (from CHLT 1301 Introduction to Community Health curriculum)		Northwest Vista College
Healthy South Texas Overview	1	TX A&M Ctr for Community Health Development
Effective Communication for CHWs	1.5	Texas AHEC East - DFW Region
Health Literacy & Technology	3	Texas AHEC East - Greater Houston
Disease Registry Use: How Community Health Workers can utilize disease registries to improve patient care in a Patient Centered Medical Home (PCMH)	1.5	Texas AHEC East - Northeast Reg

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Compliance: Confidentiality, HIPAA	2	Texas AHEC East - Northeast Reg
Guiding Principles for Ethics & Counseling	3	UT School of Public Health
UTSPH – Intro to the Health Insurance Marketplace in Texas for Community Health Workers Curriculum	2	UT School of Public Health
Social Justice	1	UT School of Public Health
Motivational Interviewing	7	UT School of Public Health
Professional Associations	1	UT School of Public Health
Poverty, Social Justice and Well being	1.5	UT School of Public Health
Community Leadership (Spanish & English) (From the 160 hr certification)		UT School of Public Health
Phone & Email Etiquette	1	UT School of Public Health
Cultural Competency	2	UT School of Public Health
Patient Centered Medical Home	3	UT School of Public Health
Insurance 101	5	Texas AHEC East Coastal Region
Family Emergency Preparedness - Texas A&M SRPH - Office of Special Programs curricula	3	DSHS HSR1
Advocate for Your Cause	1.5	DSHS HSR1
FRESCO Training	1	DSHS HSR1
CHWs, Texas and Beyond	1	DSHS HSR1
Telemedicine and CHWs	2	West Texas AHEC
Finanzas, El Estrés y Tu Salud/Financial Stress and Your Health	2	El Buen Samaritano
El Promotor de Salud y La Ley de Cuidado de Salud a Bajo Costo/ The Community Health Worker and the Affordable Care Act	6	MHP Salud

### **Instructor CEUs Only:**

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 7 High Blood Pressure	2.5	Baylor Scott and White Health and Wellness Center
A CHW Training Resource for Preventing Heart Disease and Stroke Chapter 9 Diabetes	2.5	Baylor Scott and White Health and Wellness Center
Diabetes (Online)		Día de la Mujer Latina
CDC Community Emergency Response Training (CERT) for Instructors of P/CHWs	18	Día de la Mujer Latina
Hepatitis C y Otras Enfermedades Infecciosas en Comunidades Hispanas y Latinas: Curso Introductorio para Promotores de Salud	6	Día de la Mujer Latina
Falls Prevention for the Elderly	5	TX A&M Ctr for Community Health Development
Coordinating Food & Physical Activity Related Services	4	TX A&M Ctr for Community Health

<b><u>Curriculum Title</u></b>	<b><u>CEU</u></b>	<b><u>Program</u></b>
		Development
HidalGo Fit: Healthy Habits for Life	2.5	TX A&M Ctr for Community Health Development
Message Tailoring	2.5-5	TX A&M Ctr for Community Health Development
Training CHW Instructors to Deliver the NCHWTC CHW Cancer Education & Navigation Curriculum	5	TX A&M Ctr for Community Health Development
Your Health Matters: Nutritious Eating (University of Texas Community Outreach Program curriculum for CHW continuing education)	10.5	UT School of Public Health
Your Health Matters: Fitness for Life (Co-sponsored with Gateway to Care)	6.5	UT School of Public Health
Motivational Interviewing for instructors	9	UT School of Public Health
Pre-Existing Condition Insurance Plan	4	Texas AHEC East Coastal Region
Patient Protection & Affordable Care Act	4	Texas AHEC East Coastal Region
Insurance 101	5	Texas AHEC East Coastal Region
A CHW's Guide to Texercise Classic	1.5	Texas AHEC East Northeast
Dispelling the Myths and Rumors of ZIKA	3	Dia de la Mujer Latina
Motivational Interviewing in Health Care for CHW	2.5	West Texas AHEC